

CHECK OUT OUR  
**CALENDAR**  
OF EVENTS

# BAY GARDENS RESORTS **NEWSLETTER**

SEPTEMBER 2018



## *The Key to your Ultimate Caribbean Vacation getaway*

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, **Bay Gardens Resorts** has a beautiful collection of four unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 233 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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## Bay Gardens Resorts Celebrated Award-Winning Culinary Excellence!



On Tuesday, August 28th, 2018 from 6:00 pm at the Bay Gardens Beach Resort and Spa's Hi Tide Restaurant, Bay Gardens Resorts hosted an evening of culinary flair.

The event featured the resort chain's award-winning Executive Sous Chef, Peter Lawrence and Karina Abraham and Cheyenne Hippolyte, students of the Soufriere Comprehensive Secondary School, who recently won the 2018 Caribbean Junior Duelling Challenge. The chefs served up a three-course meal geared at recreating the winning dish from the 2018 Caribbean Junior Duelling Challenge, whilst the gold medal winner reinvented his winning dish with added twists from the 2014 Taste of the Caribbean Culinary Competition.

The dessert was a test of skill and creativity whereby the chefs used ingredients from a mystery basket which was revealed live via the resort chain's Facebook page. The basket consisted of a variety of local items such as guavas, cocoa sticks, piton beer, guava wine, bacon, edible begonia which is locally known as "bread and cheese," among others. The team was under the direction of Bay Gardens Beach Resort and Spa's Executive Chef, Nicodemus Joseph, who is a former St. Lucia Culinary Team Captain. An auction was also held to raise funds with a portion of the proceeds going towards scholarships for the junior chefs as they embark on their new school year.

This culinary event was conceptualized by Executive Director, Sanovnik Destang, who believes that this will provide an avenue for showcasing the culinary masterpieces and stylings of all three chefs, each of whom has a passion and appreciation for food as well as the art of cooking.

## Lobster Season is on at Bay Gardens Resorts!



'Tis the season for lobster and Bay Gardens Resorts is inviting you to get a first crack at these tasty crustaceans with our various lobsterrific dishes.

We are delighted to bring back our long-awaited menus with all new additions at our Spices, Hi Tide and SeaGrapes Restaurants. Rediscover your favourite succulent lobster and seafood meals with an added twist, guaranteed to satisfy

your taste buds.

From our Jerk Lobster Medallion, lobster omelettes, lobster burgers and lobster pizzas to our delectable lobster rotis, nothing compares to lobster season at our restaurants!

For more information or to make a reservation, please [click here](#).

## Creole Breakfast Sundays at Bay Gardens Resorts!

'Tis the time for wearing madras, eating traditional creole food and listening to the sounds of local drums and Bay Gardens Hotel is inviting you to join us at our Spices Restaurant every Sunday from September 16th, 2018 until October 14th, 2018 at 10 am to 3 pm for our Creole Brunch.

For only EC\$65, come enjoy our delectable local dishes which includes our bakes and saltfish, avocado and farine balls, tossed salads, coconut turnovers, hot cocoa and bay leaf teas, and so much more, nothing compares to Creole season at our restaurants!

For more information or to make a reservation, please [click here](#).



## The Great Escape Giveaway Winner Announced!

Bay Gardens Resorts has partnered with The Great Escape Blog to offer one lucky winner a getaway to St. Lucia. This Instagram hashtag contest was launched on August 14th, 2018 and ended on September 16th, 2018 which allowed entrants to post a photo or video with #greatestcapegiveaways to enter. The participants were asked to describe why they should win the prize with individuals voting for these posts via likes, views, and comments.



The duo announced the winner, Talisha Williams, on September 18th, 2018.

For more information visit: <https://greatestcape.blog/saint-lucia-vacation-giveaway/>

## Creole Heritage Sale

Save 50% OFF on accommodation with FREE authentic St. Lucian Creole Breakfast & Lunch for Two Daily plus Creole welcome cocktail and starter pack featuring local refreshments.

Book a minimum of 3 nights on a room to qualify. Bay Gardens Resorts is offering guests major savings at our four properties



in St. Lucia. This promotion is valid for NEW bookings ONLY until October 8th, 2018, for travel from October 1st, 2018, to October 31st, 2018.

This include a welcome creole cocktail on arrival, starter pack featuring local refreshments, bottled water in room, FREE authentic Saint Lucian Creole breakfast for TWO daily, FREE Creole Lunch for TWO daily, Free Wi-Fi, complimentary shuttle between our properties, complimentary non-motorized water sports activities, six (6) one hour passes per room category per stay to Splash Island Water Park, and more!

### BAY GARDENS BEACH RESORT

Starting at US\$153.00 per night for two  
Check Availability

### BAY GARDENS HOTEL & INN

Starting at US\$88.00 per night for two  
Check Availability at Hotel  
Check Availability at Inn

### BAY GARDENS MARINA HAVEN

Starting at US\$93.00 per night for two  
Check Availability

## Caribcation Specials

The Bay Gardens Resorts four fantastic properties are located on the beautiful Caribbean island of St. Lucia. Whether you're looking for accommodations overlooking the Rodney Bay Marina, an extraordinary island retreat in the heart of the Rodney Bay or a beachfront walk-out on the stunning Reduit beach, the resort chain provides the ideal location for an exciting, fun and relaxing



atmosphere on the island. This amazing offer is available only to CARIBBEAN NATIONALS.

Our Caribcation specials offer amazing rates on a Saint Lucian Getaway!

### BAY GARDENS BEACH RESORT

[Starting at US\\$169.00 per night for two](#)

[Check Availability](#)

### BAY GARDENS HOTEL & INN

[Starting at US\\$99.00 per night for two](#)

[Check Availability Hotel](#)

[Check Availability Inn](#)

### BAY GARDENS MARINA HAVEN

[Starting at US\\$89.00 per night for two](#)

[Check Availability](#)

## Bay Gardens Resorts at UK Trade Show



During September 10th – 15th, 2018 Bay Gardens Resorts attended the Saint Lucia Showcase UK which included fringe events and agent/operator sales calls.

Mr. Sanovnik Destang, Executive Director for Bay Gardens Resorts, Victoria Cranmer and Debbie Melchor, UK & European Reps led the charge. Among the events, Bay Gardens was showcased to MICE agents, which included those looking for

accommodation during cricket tours, a Press Lunch which hosted 31 members of the UK Travel Media and the Travel Agent event which took the form of networking followed by nine 8-minute presentations. In addition, sales calls to villa specialist operators took place in London and Chester, the home of the luxury mafia! Operators included The Villa Collection, Worldwide Dream Villas, Sunny Escapes, and Luxury Villa Living.

One operator commented that talking to Mr. Destang had given her renewed inspiration in selling the destination and working with Bay Gardens Resorts. The final two days of the week focused around the one-to-one meetings over Showcase itself with Bay Gardens holding over 30 meetings. The operators were extremely enthusiastic about the new Waters Edge Villas and updates across the group, but the

Virtual Reality headset stole the show as it was loved by everyone, with positive reviews about the newly refurbished rooms at the Beach Resort and Spa.

In ensuring the momentum translates into bookings, the company is looking forward to seeing even more interest and sales for the Bay Gardens Brand.

For more information on all four Bay Gardens Resorts properties, [click here](#).

## CARICOM St. Lucia “Getaway” Special

Book 4 days and 3 nights mid-April to mid-December for only USD\$299. TOTAL COST!

Bay Gardens Vacation Club is offering this amazing value, sleeps up to four adults comfortably, at the Bay Gardens Hotel, Bay Gardens Inn or Bay Gardens Marina Haven.



This package includes FREE airport transfers, FREE daily full buffet breakfast for TWO, 20% discount on all food, Free Wi-Fi, complimentary shuttle service between our properties, complimentary non-motorized water sports activities, six (6) one hour passes per room category per stay to Splash Island Water Park, and more!

Contact info for the offer is: [getaway@baygardensresorts.com](mailto:getaway@baygardensresorts.com)

## Looking Ahead At Our Upcoming Events

### New Year's Eve

#### Bay Gardens Hotel/Inn:

Theme: Royalty

Cost: EC\$280.00 (Inclusive of VAT and Service Charge)



Inclusions: Cocktail champagne reception, all-inclusive house brand drinks, Gala buffet dinner cuisine from around the world, party favours, hats and noisemakers with sparkling wine at midnight. There will be an array of delicious breakfast items after midnight.

## Bay Gardens Beach Resort & Spa:

Theme: Around the World in One Night

Cost: EC\$350 (Inclusive of VAT and Service Charge)

Inclusions: Champagne Reception, all-inclusive house brand drinks, a full buffet, champagne toast at midnight, midnight buffet treat, noisemakers, hats and party favours with fireworks from our beach seating in Rodney Bay.

Early bird special of 10% off original price on or before 28th December 2018. Starts from 7:00pm!

## Bay Gardens Resorts Jounen Kweyol Activities



Jounen Kweyol is the celebration of the island's French/African culture and features a selection of kweyol food, music, games and folklore. As a locally owned and operated resort chain, all the Bay Gardens properties will be decorated in traditional Kweyol colours with various artifacts on display throughout the month of October.

To celebrate our unique heritage and Creole culture, Bay Gardens Resorts will be holding

several events and cultural activities in celebration of Creole Heritage Month. There will be an authentic Creole Brunch every Sunday at the Bay Gardens Hotel from September 16th until October 14th, along with the sweet sounds of Kweyol music. The Bay Gardens Beach Resort and Spa, on Sunday, October 21st, 2018 will host "Kweyol Bo' Piscine" from 12 pm to 4:30 pm. Featuring live entertainment from the Solo Band Monchy Primary School, a Wob Dwiyet Competition and Masquerade Dancers with prizes to be won. Patrons can enjoy a delectable array of local dishes at reasonable prices. Also, a Creole Buffet will be held at the Beach Resort and Spa on October 28th, 2018.

Bay Gardens Hotel's traditional Jounen Kweyol street jam will be held at the Providence Car Park from 7 am for breakfast to 7 pm on Sunday, October 28th, 2018. There will be live entertainment, lots of prizes to be won and so much more. For more information, [click here](#).

## La Mer Spa Feature - Caribbean Seaweed Detox Wrap

Indulge in an authentic Caribbean experience this month, with our Caribbean Seaweed Detox Wrap from La Mer Spa. This full body seaweed mask is designed to offer an overall circulatory stimulation, releasing water tension, encouraging the elimination of toxins and aiding in weight loss treatment. Having applied this mask your body is wrapped and covered with a thermal blanket, allowing the nutrients to moisturize, soothe and penetrate the skin, giving a total sense of well-being.



Join us on this 60 to 80-minute experience where our professional therapists delightfully accommodate your needs for only US\$70 per person.

For more information or to book a treatment call 758.457.8553 or [click here](#) to book today!

## Tour Feature - Hot Wire Piton Zip

If you're looking for an extraordinary exhilarating experience, then look no further than this unique hot wire piton zip tour which promises to be one with a difference.

Offering a fun packed day, the entire family can enjoy, explore a real Saint Lucian Plantation with a working mill and learn its history as you venture through the property surrounded by tropical wildlife, flora and fauna.



See firsthand the key steps in making sugar cane syrup, producing cocoa and coffee, and processing coconuts for food products. Then visit the historical features of the estate, including authentic huts set within traditional village settings. Climax your tour while Ziplining on the estate with the majestic Pitons as the backdrop for the perfect photo! It is the perfect inclusion to your St. Lucian vacation!

**Tour Days:** Daily | **Tour Duration:** 8:30am - 11:00am & 2:00pm (includes transfer from our hotels)

Visit us at [www.coxcoltd.com](http://www.coxcoltd.com) or [Click here](#) to secure your reservation today!

# Featured Employee - Shari Augier

## Meet Shari Augier:

Executive Administrative Secretary at the Bay Gardens Hotel

Our featured employee for the month of September is Shari Augier. Shari has been employed at the Bay Gardens Resorts for approximately 3 years and 9 months and is currently the Executive Administrative Secretary at the Bay Gardens Hotel.



What Shari enjoys most about her job is that no two days are the same which creates diversity and maintains enthusiasm in her assigned tasks. Her daily duties entail being the Executive Administrative Secretary officially, as well as assisting the Maintenance team which allows her to engage and interact with different personalities and characters. She considers this quite thrilling and has taught her a lot, molding her into the person that she is today.

In her spare time, she takes pleasure in catching up with her family and friends as well as exploring her beautiful homeland of St. Lucia. Shari believes that 'family time' is extremely important, and stated, " ... in my opinion it is a luxury. I have noticed so many persons yearn for a family bond and I am privileged to have it. A family bond builds your self-esteem, nurtures positive behaviours for a positive lifestyle and lastly stress relieving never a dull moment."

Despite her current role at Bay Gardens Resorts, what her colleagues may not know is that Shari's dream job is to become a Veterinarian. She began her studies in Agricultural Science, but after graduating with her Associates Degree she had a complete change of heart and developed a passion for the Hospitality Industry, which then led to her pursuit of a bachelor's degree in Hospitality Management.

Shari considers her entire Bay Gardens journey to be tremendously memorable. She began her tenure in the Entertainment department, then transitioned to the Weddings and Events Department and moved on as the Secretary of the Former General Manager of the Beach Resort and Spa, Mrs. Berthia Parle. She then moved across to the Bay Gardens Hotel and Inn in her current capacity as Ms. Cheryl Gustave's Secretary where she works alongside the Maintenance team and intermittently performing the role of Duty Manager. She believes that this has been an amazing journey in a short stint of almost 4 years.

As the Bay Gardens Resorts continues to grow, Shari looks forward to seeing the continued success of the Bay Gardens Brand.

# Our Guests Experience

Have you seen what our guests are saying about us on TripAdvisor?

## Bay Gardens Beach Resort & Spa

### **“The Best Experience”**

Reviewed by Mika S

My friends, boyfriend and I stayed there for 4 days and we never wanted to leave! The staff treated us like good friends, there never were any problems and the resort itself was so clean and gorgeous! Even the security guards were friendly and recommended some good restaurants for us. Breakfast tasted delicious and the pool at night is nice and heated. We visited other resorts and in comparison, honestly Bay Gardens had everything we would ever want! We're so sad that we left but would definitely stay here again and bring more people.



## Bay Gardens Hotel

### **“Our time at Bay Gardens”**

Reviewed by Jennifer L

Wonderful hotel. Small and comfortable. Friendly staff especially the reception area staff, always with a friendly smile and words to speak. Very accommodating as nothing is too much to ask. Close to the transport, shops and duty free. Made our stay in St Lucia very welcoming, a credit to the hotel. Well done. If you want big sterile hotels this is not the place. If you want comfortable friendly family environment, then come here. Will be back next year with the rest of the family.

## Bay Gardens Inn

### **“Vacation”**

Reviewed by Culture429800

An amazing place to stay... Value for your money. Free water park passes and free shuttle services. access to use pools from the different branches of hotels, friendly staff. Water sports on the beach from the resort. An amazing stay and experience.

## Bay Gardens Marina Haven

**“Family friendly with the friendliest hospitality in town”**

Reviewed by Magentalee

Highly satisfied with our family stay. From the friendly greeting and welcome drink to check out the service was excellent. The facilities are well maintained to highest standard. Restaurant (breakfast) and bar are well serviced. The only minor gripe is with the shuttle service that seems to be sometimes inconsistent in its timing and scope of service (one day they can drop us off at Marina, the next day not).

## Recipe of the Month - Bakes and Salt Fish



### Ingredients Bakes:

- 4cups flour (based on preference, whole wheat flour can be used)
- 1/4cup sugar
- 2teaspoons salt
- 2teaspoons yeast
- 2teaspoons baking powder
- 1 1/2cups water (or as needed to bring the dough together)
- Cooking Oil

### Method:

- 1.) Add all ingredients to the bowl and mix using a stand mixer OR this can simply be done by hand.
- 2.) Mix until a soft dough form.
- 3.) Allow the dough to rest and rise for thirty minutes to an hour or these can be fried right away.
- 4.) Pat the dough into relatively thin discs with a recommended size is about 1/4-inch-thick.
- 5.) Fry in a 1/4 inch of oil over medium heat until both sides are puffy, browned, and cooked.

### Ingredients Saltfish:

- 20oz boneless, skinless, salted white fish (pollock or cod)
- 1/2 cup yellow onion chopped | - 3 large garlic cloves minced and chopped thyme
- 1/4 cup green pepper, finely diced | - 1/2 tsp black pepper | - 1/2 tsp paprika | - 1/4 tsp garlic powder
- 1 cup fresh chopped tomato | - Salt to taste, if desired | - 6 tbsp oil for cooking

### Method:

- 1.) For five minutes, boil the saltfish in a pot with enough water to cover it.
- 2.) After the allotted time, drain and fill with clean water and boil for an additional 5 minutes.
- 3.) Drain and flake saltfish by use of a fork and set aside.
- 4.) Heat frying pan with oil, adding in onion, garlic, thyme and green pepper to pan. Allow cooking until onions are translucent.
- 5.) Add in the saltfish and other seasonings and cook for a few minutes then add in the chopped tomatoes. Allow cooking for 5 minutes until tomatoes have melted into fish.
- 6.) Mix well and adjust salt to taste. **Preparation:** Slice the bakes and stuff with the saltfish. Serve and enjoy!