

CHECK OUT OUR
CALENDAR
OF EVENTS

BAY GARDENS RESORTS NEWSLETTER

OCTOBER 2017



The Key to your Ultimate Caribbean Vacation getaway

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, [Bay Gardens Resorts](#) has a beautiful collection of three unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 196 rooms, five conference centers, three restaurants, and five bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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Celebrating Jounen Kweyol



“Jounen Kweyol” or Creole Heritage Month celebrates Saint Lucia’s French and African culture which is present in the language, cuisine, games, music and folklore.

Throughout the island both in small communities and large, people come alive with entertainment and unique delicious local dishes, such as Green Gig and Salt Fish (St.Lucia’s national dish), plantain, king fish, Manicou (opossum), Souse (a soup made of pork and cucumber), fried bakes, floats, and much more. Apart from the food, the event is collaborated with Kweyol Music, some of which has been passed down from many generations. Most people commemorate this day by wearing the traditional Wob Dwiete, which is the islands national wear.

Bay Gardens Resorts joins in the celebration with several opportunities to take in the music, cuisine and culture. They hosted a weekly Kweyol Brunch at each property as well as two major events towards the end of the month. A Kweyol special dish was also available every day in October for Lunch.

The festival has been held in October annually since 1984.

Pre Jounen Kweyol Celebrations Highlights

The Bay Gardens Beach Resort and Spa held its Pre-Jounen Kweyol Celebrations on Sunday, October 22nd, 2017 at the Trios Car Park from 8 am to 7 pm. There was an array of delectable local cuisine, folk games, entertainment by the West Coast & Kids solo Bands, and activities for the kids. To see the full highlights [click here](#).



Bay Gardens Hotel will be holding its very own Jounen Kweyol Street Party on October 29th, 2017 (Jounen Kweyol Day) starting from 7 am to 7 pm at the Providence Centre Car Park, which is right across the Bay Gardens Hotel. The Bay Gardens Beach Resort will also have a sit down buffet Brunch starting at 11 am at the Hi-Tide Beach Side Restaurant. For more details [click here](#).

Island Deals Just For You!

Deal of the Week – US \$400.00 Resort Credit

Book any stay between January 3rd to May 10th, 2018 at our 4 star luxury Bay Gardens Beach Resort and Spa for a minimum of 5 nights and receive US \$400.00 resort credit towards food and beverage and spa treatments.

This is a limited time offer until October 30th, 2017. To book [click here](#).



Winter in Paradise Promotion

Save up to 50% off a paradise experience during the winter season at any of our three award winning properties in Saint Lucia.

That's not all, receive complimentary non-motorized water sports, passes to splash island Water Park, breakfast for two daily, complimentary Wi-Fi, welcome beverage, bottled water in room upon arrival and memories that will last a lifetime!

Upgrade to an All Inclusive experience for the ultimate vacation under the sun! For more details and to book your next getaway, [click here](#).

Look out for our Cyber Monday Deal coming soon!

All Inclusive Fall Deals Are Here

Enjoy the best all-inclusive experience in Saint Lucia with our amazing rates this fall.

Included is daily breakfast, lunch, dinner and beverages, six complimentary passes to Splash Island Water Park, complimentary non-motorized water sports and free Wi-Fi. Stay 7 nights or more

on this deal and we will throw in access to our Dine Around Program, offering meals at eight additional restaurants, three out of the seven nights, a complimentary spa treatment and a welcome package in your room. Don't miss out on the best deal this fall!



BAY GARDENS BEACH RESORT
Starting at US\$334.00 per night for two
[Check Availability](#)

BAY GARDENS HOTEL
Starting at US\$228.00 per night for two
[Check Availability](#)

BAY GARDENS IN
Starting at US\$222.00 per night for two
[Check Availability](#)

Breast Cancer Awareness Month

The month of October is recognised as Breast Cancer Awareness Month, which is an annual international campaign to increase awareness of the disease.

A variety of events were held on the island of Saint Lucia to recognize this important month and to lend support to the many women and their families and friends who have been affected.



Bay Gardens Resort team members came together and wore pink on certain days to join in the fight and awareness of this month.

Our Guests Experiences



Bay Gardens Beach Resort & Spa

“Splendid Vacation”

Reviewd by Narissa M, Port of Spain, Trinidad

Absolutely wonderful vacation spot located directly on the beach and with a lovely pool. Extremely friendly and courteous staff and clean and secure surroundings. Truly very relaxing and peaceful. Took the All Inclusive Option and thoroughly enjoyed the food which was delicious!

“Beautiful Resort”

Reviewd by AWD008, Toronto, Canada

Bay Gardens is a well-run resort on a beautiful beach, with easy access to the town. The staff are extremely friendly and helpful starting from the time you check in. The front desk staff, maids, restaurant staff and security were excellent. It's a very nice, small resort. I'll definitely be back.

Bay Gardens Hotel & Inn

“Lovely!”

Reviewd by Spark149

Very peaceful.. I enjoyed my week staying at the Bay Gardens Inn. It was very peaceful. Staff has been friendly and professional especially one man in particular at the reception.. I don't remember his name at the moment but there's a few pictures of him across the website one labelled the front desk gang. Excellent breakfast too

La Mer Spa Feature - Cocoa Spa Special

Enjoy a true Saint Lucian experience this month with our signature Creole cacao body scrub from La Mer Spa. Relax while our team of professional therapists, exfoliate and rejuvenate your entire body with its freshly roasted, locally made cacao scrub.

This technique captures all the natural moisturizing oils from the cocoa plant which helps to remove dead skin cells whilst leaving your skin supple and smooth.

The scrub also has other local spices to help with circulation as well as regenerating new skin cells for healthier skin.

You can enjoy this 30 minute experience for only US\$55.00 per person by calling 758.457.8553 or [click here](#) to book today!



Magic Behind The Bar



Bay Gardens Hotel Spices Bar has more in store for you than just a tropical beverage. A visit could bring you an unforgettable magical experience that will leave you amazed!

Bartender, Yohann Willix, who provides guests with refreshing beverages, also leaves them wondering, "How is that even possible?" with several magic tricks using both playing cards and everyday items.

Yohann, who has been continuously creating new magic tricks, displays them while guests indulge in beverages by the bar. Almost everyone is left in awe as they try to figure out what just occurred. Some of the tricks include sleight of hand, finding your card, disappearing acts and more. You will truly be in for a magical experience when you visit the Bay Gardens Hotel Spices Bar, while Yohann the magician amazes you!

Teachers Appreciation Week

Saint Lucian Teachers observed Teacher's Week from October 1st – 8th, 2017 which coincided with World Teachers Day, observed annually on October 5th.

The week is a grand occasion to highlight the achievements of teachers across the island for their hard work and dedication for education. A program of activities was set for the week and the Saint Lucia Teacher's Union also honoured retired teachers in its annual gala dinner. This year's theme was "Teaching in Freedom, Empowering Teachers."



Bay Gardens Resorts assisted in hosting several occasions which celebrated Saint Lucia's hard working and dedicated teachers.

Are You Following Us



For the latest happenings, images and more follow us at the following social media handles:

-  Facebook: @baygardensresorts
-  Twitter: @baygardenshotel
-  Instagram: @baygardensresorts
-  Pinterest: @bgresorts

Featured Employee - Mr. Simon Medard

Our featured employee for the month of October is Mr. Simon Medard, Restaurant Supervisor at the Bay Gardens Beach Resort and Spa. **Mr. Medard has been employed with the company for past three and a half years and loves the feeling of satisfying our guest.** He also enjoys training and providing guidance to his colleagues as he is very passionate about team work and staff development.



When off duty, Simon takes pleasure in watching all sporting activities especially Football which is his favourite sport. His memorable moments are connected to the company's staff appreciation awards which are held quarterly together with a year ending ceremony where team members are recognized for their hard work. He believes that it is a brilliant opportunity to build staff morale as well as motivate them to challenge themselves and do better.

He looks forward to many more years with his team serving authentic mouth watering dishes to everyone they meet.

Tour Feature - Piton Sunset Cruise

Take charge of your own private tour. Sail down the coast and take in the island's beautiful scenery from one of our leisure cruise catamarans.

Once in Soufriere, escape in your own vehicle with a local guide as your driver and together, spend five hours discovering your own

treasure spots: the volcano, zip line, the therapeutic baths, botanical gardens or a choice of stunning waterfalls and world class restaurants or drop in to a few of the local hotspots. At the end of the day, return to the catamaran and sail off on the Piton Sunset cruise.



For more details on this tour [click here](#).

Recipe of the Month - Tania Tea



3 lbs Tania

4 pcs star anise

2 sticks cinnamon

4 ea bay leaves

1 tin condensed milk

1 box whole or skimmed milk

¼ oz grated nutmeg

Method

Brew the spices in with the milk, strain then boil with diced Tania. Blend thoroughly after Tania is cooked soft. Add condensed milk and sugar or honey to taste. Enjoy.

Tania (Root Vegetable)



Tania is also a root vegetable similar to dasheen. It is boiled and used in the same types of stews and meals. Both are very starchy vegetables, but are quite delectable.