

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

JULY 2018



## *The Key to your Ultimate Caribbean Vacation getaway*

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, **Bay Gardens Resorts** has a beautiful collection of four unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 233 rooms, seven conference centers, four restaurants, and six bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



## Inside this Issue

- 01 Bay Gardens Marina Haven Opened!
- 02 North American Showcase
- 03 Roots & Soul Special
- 04 Caribcation Specials
- 05 Carnival Highlights
- 06 Caribbean Premier League (CPL) Package
- 07 Sizzling Summer BOGO Sale
- 08 Monchy School Feature

## Bay Gardens Marina Haven Opened!



The newly acquired Bay Gardens Marina Haven opened its doors on Friday, July 6th, 2018, welcoming its first guests from our neighbouring island of Martinique.

Ideally located within walking distance to the Rodney Bay Marina, a warm island welcome awaits you at Bay Gardens Marina Haven Hotel. This enchanted 35-room tropical oasis is the newest property within the Bay Gardens brand and offers guests comfortable and affordable accommodations nestled in a beautiful botanical garden. With a 3-star rating, it boasts of its incredible location which is within minutes to local attractions such as Pigeon Island National Landmark, Reduit beach, and the island's entertainment capital. Journey to a paradise of complete relaxation and anticipate being pampered by our friendly staff from the moment you arrive.

Marina Haven is within a five-minute drive of our sister properties at the Bay Gardens Inn and Bay Gardens Hotel, and 10 minutes from the Bay Gardens Beach Resort and Spa via our complimentary service. Ms. Daryl Aaron our General Manager will be very happy to welcome you to the Bay Gardens Marina Haven.

[Click here](#) to view the property and take advantage of current specials.



### Meet Daryl Aaron

(General Manager Bay Gardens Marina Haven)

Ms. Daryl Aaron, a native of Dominica, is a career-long hospitality executive. With two decades of

hospitality experience, Ms. Aaron's passion for hospitality and her approachability draw guests and staff alike to her. She holds a Diploma in Business Administration, an Associate Degree in Hotel Operations Management, Certificate in Computer Programming, Certificate in Total Quality Management, Certificate in Human Resource Management and currently pursues a Certificate in Hotel Administrator from the International Hospitality and Tourism Institute.

Having trained at the Trinidad Hilton Hotel & Conference Center in Trinidad and Jalousie Hilton & Spa in St. Lucia, she has held numerous managerial positions. Some of which include Rooms Division Manager at the Chaguaramus Hotel & Convention Center for the 1999 Miss Universe pageant, Food & Beverage Manager and Guest Relations Manager at the Paria Suites & Conference Center in Trinidad, and General Manager of Castaways Beach Hotel in Dominica.

Her rise in hospitality leadership continued from 2002 to 2011 in her capacity as Acting General Manager at the Anchorage Hotel and Manager of Anchorage Whale Watch & Dive Center. Soon after, Ms. Aaron joined the team at Rosalie Bay Resort for six years as Resort Manager and Sales & Marketing Manager with the eco-wellness resort quickly becoming Dominica's No.1 hotel and in 2015, the only Caribbean property to be a charter member of National Geographic's Unique Lodges of the World.

As a former member of the Caribbean Hotel and Tourism Association Chief Task Force and previous executive member of the Dominica Hotel & Tourism Association, today Ms. Aaron who lives in St. Lucia with her two young sons, enjoys leading the staff of Bay Gardens Marina Haven in her role as General Manager.

## North American Showcase

The Saint Lucia Tourist Board hosted the 6th Edition of its annual North American Showcase on the 17th and 18th of July 2018. Several activities were arranged as part of this year's event calendar with the main event between buyers and sellers being held at the Harbor Club.

A total of approximately fifteen tour operators from across North America were present and participated in discussions with hoteliers and

destination management companies based on the island. This is yet another initiative of the Saint Lucia Tourist Board to build relationships and strengthen partnerships with tour operators worldwide. It has created much-needed exposure for the island and continues to drive sales to this amazing destination.

Bay Gardens Resorts was represented by Mr. Sanovnik Destang, Executive Director, and Ms. Nicol Alexander, Marketing Supervisor.



## Roots & Soul Specials

Enjoy CARICOM rates starting at US\$99.00 for the Saint Lucia Roots and Soul Festival and receive 15% off Food & Beverage and Spa Services. This amazing offer is available to CARICOM NATIONALS.

Available Now until August 31st, 2018, for travel from August

27th - September 3rd, 2018. This year's festival features Dancehall Superstar Beenie Man, Reggae Superstar Romain Virgo, American Mega Superstars Jah Rule and Ashanti along with other great artists.

This package includes welcome cocktail on arrival, bottled water in room on arrival, 15% off Food & Beverage and Spa Services, complimentary shuttle between our properties, complimentary non-motorized water sports activities, six (6) one hour passes per room category per stay to Splash Island Water Park, Free Wi-Fi, Free breakfast for Two daily, Free water taxi to Pigeon Island National Landmark and more!



### BAY GARDENS BEACH RESORT

Starting at US\$169.00 per night for two  
Check Availability

### BAY GARDENS HOTEL & INN

Starting at US\$99.00 per night for two  
Check Availability

### BAY GARDENS MARINA HAVEN

Starting at US\$89.00 per night for two  
Check Availability

## Caribcation Specials

The Bay Gardens Resorts four fantastic properties are located on the beautiful Caribbean island of St. Lucia. Whether you're looking for accommodations overlooking the Rodney Bay Marina, an extraordinary island retreat in the heart of the Rodney Bay or a beachfront walk-out on the stunning Reduit beach, the resort chain provides the ideal location for an exciting, fun and relaxing



atmosphere on the island. This amazing offer is available only to CARIBBEAN NATIONALS.

Our Caribcation specials offer amazing rates on a Saint Lucian Getaway!

### BAY GARDENS BEACH RESORT

Starting at US\$169.00 per night for two  
Check Availability

### BAY GARDENS HOTEL & INN

Starting at US\$99.00 per night for two  
Check Availability

### BAY GARDENS MARINA HAVEN

Starting at US\$89.00 per night for two  
Check Availability

## Carnival Highlights



The Soleil Summer Festival continued with the highly anticipated Saint Lucia's Carnival.

The Carnival celebrations which took place from June to July, included the Carnival Queen and Calypso Monarch Competitions, Panorama Steel Band Competition among others. Other events and fetes such as Escape Fete 2018, Remedy Beach Cooler Fete, Soca Kingdom which featured Trinidad & Tobago's Soca Artist Machel

Montano and more.

The two-day 'Parade of the Bands' held on July 16th & 17th, invited hundreds of revelers, locals and visitors in extravagantly colourful costume bands and energetic masqueraders dancing to pulsating rhythms.

Bay Gardens Beach Resort and Spa joined in on the fun at the Manager's Cocktail where the Insomnia Kids Carnival Band put on a colourful display of this year's kids costumes themed "Out of Brazil," parading around the pool and engaging guests and management team alike to join in the dances and tradition.

## Caribbean Premier League (CPL) Package

The Hero Caribbean Premier League (CPL), an annual Twenty20 cricket tournament held in the Caribbean, will return to Saint Lucia from August 16th to 25th, 2018 at the Darren Sammy National Cricket Stadium. The first match of the Saint Lucia leg of the tournament features the national team, the Saint Lucia Stars, taking on the Trinbago Knight Riders of Trinidad and Tobago.



CARICOM Nationals can enjoy amazing CPL Specials plus 15% Off Spa Services and Food & Beverages. This promotion is valid for NEW bookings ONLY made by August 31st, 2018, for travel from August 1st, 2018, to August 31st, 2018.

This CPL Package includes welcome cocktail on arrival, bottled water in room on arrival, complimentary shuttle between our properties, complimentary non-motorized water sports activities, six (6) one hour passes per room category per stay to Splash Island Water Park, Free Wi-Fi, Free breakfast for Two daily, Free Shuttle Service to the Darren Sammy Cricket Stadium from Bay Gardens Marina Haven and more!

### BAY GARDENS BEACH RESORT

Starting at US\$169.00 per night for two

Check Availability

### BAY GARDENS HOTEL & INN

Starting at US\$99.00 per night for two

Check Availability

### BAY GARDENS MARINA HAVEN

Starting at US\$89.00 per night for two

Check Availability

## Sizzling Summer BOGO Sale

Book two nights for the price of one at Bay Gardens Resorts, plus earn two for one saving on food and beverage, and Spa incidentals for spends equivalent to US\$100.00 per room category per stay. This promotion is valid for NEW bookings ONLY with a minimum of 4 nights made from July 10, 2018, to August 1, 2018, for travel July 10, 2018, to December 19, 2018.



This includes a welcome cocktail on arrival, bottled water in room on arrival, complimentary shuttle between our properties, complimentary non-motorized water sports activities, six (6) one hour passes per room category per stay to Splash Island Water Park, Free Wi-Fi, Free breakfast for two daily and more!

### BAY GARDENS BEACH RESORT

Starting at US\$152.50 per night for two

Check Availability

### BAY GARDENS HOTEL & INN

Starting at US\$92.50 & US\$87.50

per night for two  
Check Availability

### BAY GARDENS MARINA HAVEN

Starting at US\$92.50 per night for two

Check Availability

## Monchy School Feature



Bay Gardens Beach Resort and Spa welcomed a small group of teachers and students from the Monchy School for a tour of the property. The teachers and students recently completed a unit on Tourism as part of their Social Studies Curriculum and to consolidate the concepts covered, saw it fitting to conduct a tour of the Bay Gardens Beach Resort.

The students gained knowledge on the operations of the property which included an inside view of some of the guest rooms and facilities. The students were also able to interact with representatives from various departments such as food and beverage, front office, reservations, maintenance and marketing departments. Members of the management team also addressed the young group educating them on their various roles and functions of their respective departments and how it affects the overall function of the property.

Bay Gardens Resorts has adopted the Monchy School and currently runs a feeding program for the students. As the company continues to see the importance of sharing knowledge locally with students on tourism and hospitality, it hopes to inspire those interested to pursue a future career within those sectors.

## New Buffet Room at Bay Gardens Beach Resort & Spa

Bay Gardens Resorts are four authentic, family-friendly, award-winning properties located in St. Lucia's entertainment district, the iconic Rodney Bay.

In its continuous pursuit to deliver on its promise of legendary service and a comfortable and enjoyable dining experience for all its patrons, the Bay Gardens Beach Resort and Spa is pleased to announce the opening of its new fully air-conditioned buffet area. With the best in modern day finishes, the area is more spacious and gives the restaurant a chic and classic appeal. Our friendly and dedicated staff look forward to serving our guests with a mouthwatering meal on their next visit to our Beach Resort and Spa.



## La Mer Spa Feature - Summer Deals

Indulge in authentic Caribbean experiences this summer with our wide array of Spa services from La Mer Spa, our rejuvenation oasis. At La Mer Spa, every pampering treatment is a sensory escape that will leave you feeling relaxed and rejuvenated.

Join us on a journey of rest and relaxation whilst our skilled specialists delightfully accommodate your needs.



### Our Summer Deals:

**Deluxe Tranquility Massage - 50 minutes US \$77/EC \$208.00**

**Deep Tension Massage - 50 minutes US \$88/ EC \$238**

**Seatox Package - 60 minutes US \$73.50/ EC \$198.45**

Includes a detoxifying Caribbean Seaweed Wrap

**Tropical Bliss Package - 60 minutes US \$85.75/ EC \$231.53**

Includes a choice of two services w/ a choice of (Coffee Spice Body Scrub, Facial or Back Massage)

**La Mer Summer Ritual - 1 hour 20 minutes US \$85.75/ EC \$231.53**

Includes Therapeutic Paraffin Pedicure & Classic Manicure Combo

**Paradise Renewal Package - 60 minutes US \$99/ EC \$237.60**

Includes a Revitalizing Anti-Aging Facial & Foot Massage Combo

**Summer Glow Package - 1 hour 15 minutes US \$110/ EC \$297.00**

Includes a Deluxe Tranquility Massage & Facial or Coffee Spice Body Scrub Combo

**Island Escape Package- 2 hours US \$162.75/ EC \$439.43**

Includes a Deluxe Tranquility Massage w/ a choice of two services. (Coffee Body Scrub, Facial or Classic Pedicure)

For more information or to book a treatment call 758.457.8553 or [click here](#) to book today!

## Splash Island Water Park Feature



Just in time for summer, Splash Island Water Park, the ultimate aquatic playground, is ready to serve its many visitors this summer. Located on Reduit Beach and adjacent to the Bay Gardens Beach Resort and Spa, Splash Island opened nearly three years ago, featuring an array of exciting obstacle courses the entire family can enjoy.

Ever since its inception as the Caribbean's first Wibit inflatable floating water park, Splash

Island, has continuously found new ways of enhancing the experience of its safe and fun facility for its many patrons. Over the year, visitors to the water park have described their experiences as, "Fun for the young and old," "Great for the kids," "Enjoyable inflatable park floating off the beach," "So much fun," as well as "Great fun and an excellent workout!"

Splash Island Water Park is also featured as one of the designated 20+ icon locations for the Saint Lucia tourism Authority's Summer of Discovery Promotion.

## Mercury Fest 2018

Mercury Fest will replace Mercury Beach this year, in one of the most anticipated yearly events in Saint Lucia.

The event will take place at Pigeon Island National Landmark kicking off from Friday, August 10th to Saturday, August 11th, 2018, featuring three events; Gros Islet Street Party, Friday Night Beach Concert, and the Ultimate Beach Party. Top performers will include Jamaican dancehall star Popcaan, Kalash, popular DJs from Martinique, local DJs and more.



The Bay Gardens Resorts properties are only 10 minutes' drive or 5 minutes boat ride from the venue, making it your perfect choice in accommodations for this event, **with only a limited number of rooms left!**

## Tour Feature - Anansi's ATV Adventure Tour

Anansi's ATV Adventure is one of the most exhilarating ways to experience the beautiful island of St. Lucia. This exciting ATV adventure gives guests the opportunity to witness the stunning vistas of the majestic isle, catch glimpses of the country life in action, ride through farms, plantations, and revel in the scenery of the lush mountainside views.



Journey into St. Lucia's rich history and culture whilst peeking back in time to water wheels, plantation ruins and topping this off with magnificent views of the Atlantic shore at Grande Anse where tropical paradise lies at your feet.

It is the perfect inclusion to your St. Lucian vacation!

Tour Days: Daily | Tour Duration: 3 hours (includes transfer from our hotels)

Visit us at [www.coxcoltd.com](http://www.coxcoltd.com) or [Click here](#) to secure your reservation today!

## Featured Employee - David Popo

### Meet David Popo:

IT Technician at the Bay Gardens Hotel

Our featured employee for the month of July is David Popo. David Popo, affectionately and locally known by his stage name Young DP, has been employed at the Bay Gardens Resorts for approximately 5 years. He is an IT Technician and works at the Bay Gardens Hotel.



For David, assisting his manager with preparing staff computers and helping his coworkers with their respective tasks, add value to his position, and something he considers very rewarding. He has a particular interest in entertaining guests and when he's off duty, David looks forward to singing and performing to large crowds locally, regionally and internationally. He finds great pleasure in sharing his many talents with his fans through dancing and of course singing. One of David's most memorable Bay Gardens moments was performing at the Bay Gardens Staff awards held this January.

As Bay Gardens Resorts continues to grow, David believes that the introduction of more property events

would really showcase the talents of the Bay Gardens staff. He also looks forward to Bay Gardens' ongoing technological advancements.

## Our Guests Experience

Have you seen what our guests are saying about us on TripAdvisor?

### Bay Gardens Beach Resort & Spa

#### **"Honeymoon"**

Reviewed by Sarah B

My husband and I just came back from our honeymoon in St. Lucia. Bay gardens beach resort and spa is fantastic! The staff is friendly

and welcoming, and the whole atmosphere of the property is relaxing and enjoyable. The beach is absolutely stunning and there is never a lack of activities going on. I would highly recommend this resort for business or leisure!



### Bay Gardens Hotel

#### **"Back Second Time"**

Reviewed by Julian B

It's been my second stay at the BGH, and I'm pleased to say my current experience was just as good as the previous one six years ago. It's an attractive hotel, at the lower end of the accommodation price range in St Lucia (which is generally quite high). Staff are courteous and friendly, as well as helpful; rooms are good (although the bathrooms could do with some updating, and maybe a shelf or two in the shower). Food is excellent, better than most of the local restaurants, but not too pricey. Always secure a deal that includes breakfast, because the lavish breakfast, which includes Caribbean specialties, is really worth having.

### Bay Gardens Inn

#### **"Hospitality at its finest"**

Reviewed by Lyndon M

My family and I stayed at the Bay Garden Inn for an extended weekend trip. Check in was smooth and we were greeted with Rum Punches (they ran out of fruit punch for the children, however, they gave us a refill

on our rum punch). Over the course of our stay, I was extremely satisfied with the willingness to assist and warm hospitality provided by everyone working at the Inn. Rooms were clean and comfortable. The grounds were well kept and peaceful. The pool was great for our children ages 5 and 7 as it was only 3 feet deep at its deepest. Not that great for me. We did, however, have access to the 3 pools at the hotel which is just across the street and those were more suitable for adults. Breakfast was included in our package and there was great variety daily. A nice mixture of local as well as continental foods... Lots of shops, restaurants, banks within walking distance. Overall, I could not have asked for a better experience for the price. Will definitely return here. Thank you all at Bay Gardens.

## Bay Gardens Marina Haven

### “Lovely, quiet weekend”

Reviewed by Ajay-205

My family stayed at the hotel for 4 nights over the weekend. The management and staff were excellent - very professional, welcoming, friendly, and helpful. The amenities were all quite good. Breakfast was excellent with varied Caribbean healthy choices every day. We got passes to the Splash Water Park which was a fun experience and more challenging than it looks. Overall, a satisfying stay. Will definitely stay there again.

### Recipe of the Month - Cajun Breaded Spicy Mahi Mahi with A Medley of Spicy Creole Octopus



- 1 tablespoon local pepper sauce
- 1 pinch Cajun seasoning
- 1 pinch Cayenne pepper
- 1 pinch Paprika
- 1 pinch Five Spice seasoning

#### Ingredients:

- Mahi-Mahi Strips
- Chopped Octopus
- 1 tablespoon green seasoning
- 1 tablespoon chopped onions
- ½ tablespoon butter
- ½ tablespoon chopped bell peppers
- ¼ tablespoon blended garlic
- 1 tablespoon heavy cream
- 1 tablespoon breadcrumbs
- 1 tablespoon lime juice
- 2 tablespoons Coconut milk
- Diced tomatoes, basil leaves, and shadow benny.
- Sliced plantains and carrots

## Method:

1. Squeeze lime over the Mahi-Mahi strips and add in seasonings, breadcrumbs, Cajun, paprika and cayenne pepper.
2. Grill the seasoned Mahi over low heat and cook to your preference.
3. Meanwhile add greens seasonings, tomatoes and spices to the chopped octopus in a saucepan.
4. Pour in coconut milk and toss in pan with a spoon, ensuring that all ingredients are mixed.
5. In a separate saucepan, add blended garlic, butter, and heavy cream to make a garlic sauce.
6. Grill carrots and sliced plantains for garnish.

## Presentation:

1. Sprinkle garlic sauce of a medium-sized plate.
2. Place grilled plantains and carrots on the plate.
3. Add in the Mahi-Mahi and top with the creole octopus.
4. Garnish with basil leaves.