

CHECK OUT OUR  
CALENDAR  
OF EVENTS

# BAY GARDENS RESORTS NEWSLETTER

AUGUST 2017



## *The Key to your Ultimate Caribbean Vacation getaway*

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, **Bay Gardens Resorts** has a beautiful collection of three unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 196 rooms, five conference centers, three restaurants, and five bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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## Bay Gardens Resorts Host Beach Slap



The Bay Gardens Beach Resort and Spa will be the host location for a new TV series titled “Beach Slap”, a competition series set on the beautiful Reduit Beach.

Beach Slap is a reality TV show/competition, where contestants compete for prizes and cash, all from one of the most beautiful beaches in the world. Bay Gardens Beach Resort and Spa along with Splash Island Water Park will be the location for the first season. The show boasts an

eclectic array of hosts including actress and philanthropist Sarodj Bertin, formerly Miss Universe – Haiti (2010); stand-up comedian Bret Ernest; and Hollywood actress Amanda Landry. Hoplite Entertainment, which is an Emmy award winning production company, will be responsible for the production.

Bay Gardens Resorts is proud to be a part of this production and is looking forward to being

the first host for this unique television series. The show is slated for release on over the top content (OTT) platforms in 2018. OTT Platforms are media that is transmitted via the internet such like Netflix, PlayStation 4, etc. Highlights of the show will be featured in next month’s newsletter.

## Spend Summer in Paradise

June officially kicks off the summer season and Bay Gardens Resorts is offering up to 50% off accommodations with its Super Summer Sales. There is also additional add-ons such as up to US \$150.00 Resort credit towards food and beverages. All Bay Gardens Resort summer reservations come with access to the Caribbean’s First open water playground, Splash Island Water Park, non-motorized water sports, breakfast and complimentary Wi-Fi.



### BAY GARDENS BEACH RESORT

Starting at US\$145.00 per night for two  
[Check Availability](#)

### BAY GARDENS HOTEL

Starting at US\$90.00 per night for two  
[Check Availability](#)

### BAY GARDENS IN

Starting at US\$85.00 per night for two  
[Check Availability](#)

## Splash Island Water Park Gives Back

Splash Island Water Park Saint Lucia, The ultimate aquatic playground celebrated its second anniversary on August 1, 2017. As part of plans to commemorate this achievements the park has decided to give back this summer. For the entire month of August, a portion of every ticket sold will be donated towards the Dunnottar School in Saint Lucia.



The objective is to construct a new school building which will be accessible to all students with disabilities and will provide a safe, secure and stimulating environment for the school body. The new premises will provide allowances for occupational, speech, physiotherapy services including hydrotherapy, playground, hard court areas, auditorium and music room.

Splash Island Water Park encourages everyone to continue supporting this worthy cause while trying out the parks newest features of Water Polo, High Jump and Rodeo Splash. Whether its beach volley ball, conquering the High jump or getting all the way up to the top of the Iceberg XXL there's more ways than ever to enjoy Splash Island Water Park this summer! For more information or to make a booking, call 1 (758) 457-8532 or visit [www.saintluciawaterpark.com](http://www.saintluciawaterpark.com)

## Bay Gardens Resorts Rewards Young Athletes

The locally owned and operated, Bay Gardens Resorts located on Reduit Beach, Saint Lucia, rewarded several young athletes that competed in the Commonwealth Youth Games held earlier this year in the Bahamas.

Julien Alfred, who captured the gold medal in the 100 meter sprint



competition, was one of those who received special prizes from Bay Gardens Resorts and Splash Island Water Park for her hard work, dedication and achievement at the games. Kimani Alphonse who made it to the final of the 200 meter sprint and placed 6th was also rewarded with special prizes. Ms. Alfred was not the only Saint Lucian to capture gold at the event, as the Saint Lucia Beach Soccer team also was able to be crowned champions in their event. Bay Gardens Resorts provided each team member with special prizes of appreciation as well as their coach, Mr. Felix St. Rose.

Bay Gardens Resorts will continue their promise and keen interest in supporting and working with young Saint Lucian icons who inspire others to achieve the same.

## St. Lucia Stars Beach Olympics

Splash Island Water Park and Seagrapes Beach Restaurant and bar at the Bay Gardens Beach Resort and Spa hosted the 2nd annual Beach Olympics for 25 children from underprivileged communities, along with the Saint Lucia Stars CPL Cricket team.

On Monday, August 14th, St Lucia Stars Team captain Daren Sammy and several other key players came out to participate fully in a series of

games and activities at Splash Island Water Park. Participants later were treated to refreshments at our popular Seagrapes Beach Restaurant and bar. The event was another success and met its aim of giving the children an enjoyable and memorable experience, something Bay Gardens Resorts continues to support.



## Live Cooking Demo at Bay Gardens Resorts



The live show was the first of its kind in terms of the location, right on Reduit Beach, near the Bay Gardens Beach Resort and Spa.

Chef Lawrence is the resident Executive Sous Chef at the popular Seagrapes Beach Bar and Restaurant. .

To see the live video [click here](#).

Bay Gardens Resorts along with gold medal seafood Executive Sous Chef Peter Lawrence held the first ever Live Cooking Demo at Reduit Beach on August 27th, 2017 on both Instagram and Facebook.

Followers of our Bay Gardens Resorts social media platforms has the chance to pick one of three items to cook live on the beach a week before the event and they selected the Lobster and Octopus Fritters.

## La Mer Spa Feature - Ocean Blue Facial

Longing for that captivating glow? Our team of professional therapist at the La Mer Spa will have your face transformed to its healthiest and most radiant state with its Ocean Blue Facial.

This signature hydrating facial is ideal for everyone and every any skin type. It begins with the steaming of the face, followed by the gentle extraction of dead skin cells, a detailed exfoliating scrub and is topped off with a deep

cleansing mask. This facial is guaranteed to reduce skin discoloration, acne and clogged pores. Don't miss out on the opportunity to keep heads turning as they admire your immaculate radiance.

To secure your desired appointment, we recommend that you pre-book treatments via email at [lammerspa@baygardensresorts.com](mailto:lammerspa@baygardensresorts.com), call (758) 457-8553 or visit our website at [www.baygardensresorts.com/beach-resort/spa](http://www.baygardensresorts.com/beach-resort/spa)



## Waterfall Island Bike Adventure



Explore the wild side of nature as you ride the scenic trails alive with our wildlife, while a knowledgeable guide points out the various trees and flowers along the trails. Refresh yourself with a dip in the pool at the base of the main attraction, the Dennery Waterfall. Explore and enjoy all that Dennery has to offer.

This 5 hour tour (Includes transfers from hotels located in the north) is available every Friday

and Saturday. Come enjoy the ride of your life! [Click here to book today.](#)

## Lobster Season

The Department of Fisheries officially declared Lobster season open on August 2, 2017. Bay Gardens Resorts certainly has our lobster lovers covered with scrumptious lobster dishes being served at all three of our restaurants namely Spices restaurant at the Bay Gardens Hotel as well as Hi-Tide Beach Side restaurant and SeaGrapes Restaurant and Bar at the Bay Gardens Beach Resort and Spa.



All three restaurants offer this amazing delicacy served in a variety of ways from grilled, steamed and baked with dishes such as Spiny Lobster Cobb Salad, Trio Lobster Plate, Marinated Lobster Ceviche, Jerked Lobster Baguette, Creole Lobster, Coconut Curried Lobster, Grilled Lobster to name a few.

We can't wait to serve you. [Click here](#) to view our menus.

The season ends on February 28, 2018

## Featured Employee - Mrs. Jacqueline Collymore Gerald

Our featured employee for the month of August is Mrs. Jacqueline Collymore Gerald affectionately known as Jackie. Mrs. Gerald has been a member of the Bay Gardens family for over 11 years and is currently the front office supervisor at the Bay Gardens Beach Resort and Spa.

She loves interacting with people from around the world and would go above and beyond to put a smile on their faces. It gives her great pleasure sharing her knowledge on Bay Gardens Resorts and St. Lucia suggesting attractions to visit, cuisines to savor and relaxation secrets.

When off duty Mrs. Gerald enjoys spending time with her family watching movies. She however always ensure to fit in her alone time to relax and unwind. Despite her jovial personality she doesn't like the spotlight and is more on the conservative side.

Her most memorable moments are linked to the recognition given for her outstanding performance and the great relationships created over the years. We look forward to many more years with Mrs. Gerald.



## Recipe of the Month - Lobster Trio Plate



### CAJUN FRIED LOBSTER: CREOLE SAUCE

Tomato paste 4 oz, butter 1 oz, curry powder 0.25 oz, hot sauce 0.25 oz, seasoning peppers 0.5 oz, carrot 0.5 oz, onion 0.5 oz, garlic 0.5 oz, parsley 0.25 oz, 2 oz of lobster.

To fry the lobster, toss in flour mixed with a little Cajun seasoning and curry powder.

Chop all the above seasonings then sauté in a hot pan with butter. Add curry powder and tomato paste to complete the creole sauce. Reduce to half over a small simmered flame whilst constantly stirring. Add salt to taste.

### CHARRED LOBSTER: LEMON AIOLI

Lemon juice 1oz, mayonnaise 3oz, parsley 0.25 oz, 0.5 oz ketchup, 0.25 curry powder, 0.25 hot sauce, 2 oz of lobster.

Grill lobster pieces in a hot pan or over a grill. Cook to char, browning lobster quickly over very high heat. Fold in mayonnaise with lime juice, chopped parsley, ketchup, hot sauce and little curry powder. This is the creole remoulade. Cool lobster then place on spoon swiped remoulade.

### POACHED LOBSTER: GARLIC BUTTER

Heavy cream 0.5 oz, butter 1 oz, minced garlic 0.25 oz, onion 0.23 oz, 0.5 oz parsley, 2 oz of lobster.

Place a pan with poaching liquid; garlic, onion, white vinegar and water. Add salt to poaching liquid. Take the lobster off the tail and poach for approximately 4-5 minutes allowing the lobster to still be a bit tender. The acidity will be cut after you fold it in the garlic butter. Mince garlic and onion in a little heavy cream the whisk in ice cold butter cubes to complete. Add a little chopped parsley and season with salt and pepper.