

CHECK OUT OUR
CALENDAR
OF EVENTS

BAY GARDENS RESORTS NEWSLETTER

JULY 2017



The Key to your Ultimate Caribbean Vacation getaway

Ideally nestled in the midst of the Rodney Bay Village, home to Saint Lucia's pulsating night life, hip bars, a casino, shopping malls and gourmet restaurants, [Bay Gardens Resorts](#) has a beautiful collection of three unique properties. These award winning resorts are renowned for fantastic service, friendly staff and quality accommodations.

Featuring a total of 196 rooms, five conference centers, three restaurants, and five bars, our resorts are the perfect choice for a Saint Lucian getaway for families, couples, honeymooners, wedding parties, business travelers, groups, and more. Guests can stay at the property that suits them best and can still enjoy luxurious amenities from each. [Click here](#) to read more about our beautiful properties.



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Luxury Beach Resort of The Year



The locally owned and operated, Bay Gardens Beach Resort and Spa located on Reduit Beach, Saint Lucia has added a very special award to their collection **The Luxury Beach Resort of the Year for 2017** by the Luxury Travel Guide.

The Luxury Travel Guide Awards represent the principle of travel and tourism achievement, championing the best in their respective fields; therefore the management and team of the

Beach Resort is very proud to come out on top. This year saw an unprecedented number of shortlisted companies, providing strong competition in every category for the Luxury Travel Guide Awards. All winners were subject to the same rigorous assessment criteria, carried out by industry professionals to ensure that the most deserving firms and individuals walk away with one of the prestigious accolades. Previous winners include Sandy

Lane, Barbados, Marriott Aruba Resort & Stellaris Casino in Aruba and Trident Hotel in Jamaica. Bay Gardens Beach Resort and Spa will be featured in the "Awards Winners Guide", which will be distributed to over half a million people around the world. The resort management and team would like to thank their directors, partners, management, staff and guests for their continued support and loyalty.

Escape To Paradise This Summer

Save up to 40% off plus receive amazing extra summer add-ons with our 50 shades of Summer special at all three of our award winning properties. Stay 5 nights or more and receive up to US \$150.00 Resort Credit towards Spa Treatments, Food and Beverages. All Bay Gardens Resort summer reservations come with access to the Caribbean's First open water playground,

Splash Island Water Park, non-motorized water sports, breakfast and complimentary Wi-Fi.



BAY GARDENS BEACH RESORT

Starting at US\$145.00 per night for two
Check Availability

BAY GARDENS HOTEL

Starting at US\$90.00 per night for two
Check Availability

BAY GARDENS IN

Starting at US\$85.00 per night for two
Check Availability

The CPL is Back!

The Hero Caribbean Premier League (CPL), an annual cricket T20 format tournament, will return to the Saint Lucia with the opening game being against the Trinidad and Tobago Knight Riders vs the newly re-branded Saint Lucia Stars on August 4th, 2017 at the Darren Sammy National Cricket Grounds.

This will be the 5th consecutive year of the tournament and the island of Saint Lucia will see a record number of matches during the early part of August. This year, our very own Saint Lucia Stars will feature a few new faces including Marvin Samuels from Jamaica and Lasith Malinga from Singapore. Darren Sammy, will continue to captain the team along with familiar teammates, Johnson Charles, David Miller, Shane Watson and many more.

For the full schedule of matches, please [click here](#).



More Options To Saint Lucia

Trans Island Air, better known as TIA 2000 has officially launched to serve five Caribbean islands including Saint Lucia. The airline, whose Caribbean base is Barbados, offers scheduled flights to Saint Lucia, from Barbados, Grenada, Saint Vincent, and Dominica.

The airline will soon serve as a connection for international

flights into the United States, United Kingdom, Canada and the rest of Europe. Trans Island Air describes itself as being a revolutionized schedule and private charter aviation company with a vision to provide a relaxing, reliable and flexible flight experience.

For more information about TIA 2000 or to book your flight [click here](#).



Carnival Highlights

Saint Lucia celebrated its annual carnival season in early July leading up to the parade, which took place on July 17th and 18th, 2017. Pumping rhythms, colorful costumes, and people celebrating under the warm Caribbean sun were all part of the festivities.

Carnival first originated in Trinidad and Tobago in the late 18th century, as a flood of French emigrants brought the Masquerade tradition with them to the islands. It is a very lively, vibrant event that celebrates music, culture and emancipation through costumes and dancing.

Bay Gardens Resorts was proud to be the official sponsor for the Legends Carnival Band as well as various events like Transcend and the popular Carnival Friday event, Sexy in Black.



Bay Gardens Hosts Team Saint Lucia



their trip to Miami. The Saint Lucia Hotel and Tourism Association (SLHTA), who coordinates and sponsors the National Culinary Team through their Tourism Enhancement Fund, held a welcome ceremony for the team members at the Hewannora International Airport.

Bay Gardens Resorts is very proud of the team and would like to wish them all the best in the future.

The Bay Gardens Beach Resort and Spa hosted the Saint Lucia National Culinary Team which recently attending the Taste of the Caribbean competition in Miami, Florida, for a congratulatory dinner.

The team was successful in winning three silver and five bronze medals in this year's competition. This year's team were very new to the competition and onerously prepared and practiced for weeks before

La Mer Spa Feature - Anti-Aging Facial

Want to say good bye to fine line and wrinkles? Then let our team of professional therapist at the La Mer Spa, turn back the hands of time and transform your face to its healthiest and most radiant state with their signature anti-aging facial.

This revitalizing facial is ideal for everyone and any skin type. It begins with a hydrating marine mask which lifts dead skin cells and sculpts while diminishing lines and uneven tone. Its powerful aromatic antioxidants and plant derived formula allows for rapid cellular renewal, resulting in a youthful glow.



This facial is guaranteed to reduce the appearance of aging skin, rehydrate the skin and increase the formation of collagen in the skin resulting in a youthful look. Don't miss out on the opportunity to keep heads turning as they admire your immaculate radiance. This 60 minute facial is only US\$90.00 per person.

To secure your desired appointment, we recommend that you pre-book treatments via email at lammerspa@baygardensresorts.com, call (758) 457-8553 or visit our website at www.baygardensresorts.com/beach-resort/spa

New Features At Splash Island Water Park



Just in time for summer, Splash Island Water Park, the ultimate aquatic playground is pleased to announce its three newest fun features. The much anticipated Water Polo, High Jump and the Rodeo Splash are now available for use for all 'Splash Islanders' at the Aquatic Playground.

Ever since its inception as the Caribbean's first inflatable floating water park, Splash Island Water Park has continuously found new ways

of enhancing the experience of its safe and fun facility for its patrons and these new additions are no different. Kids, families and friends now have more options available to them while enjoying the water park.

Splash Island Water Park's features now include:

- Trampoline
- Climbing wall
- Monkey bars
- A swing
- A slide, hurdles
- Double rocker
- Flip
- Water volleyball.
- Water Polo (New)
- High Jump (New)
- Rodeo Splash (New)

Whether its Water polo, conquering the High jump or getting all the way up to the top of the Iceberg XXL there's more ways than ever to enjoy Splash Island Water Park this summer!

For more info or to book your Splash Island Water Park experience [click here](#).

See St. Lucia Topless. Mini Cooper Road Trip

The 'See St. Lucia Topless!!' Mini Cooper Road Trip, is now available to the guests of the Bay Gardens Resorts who wish to experience many of the sites and attractions of our beautiful island in the comfort of one of these luxury convertibles.

This is a guided tour of the island led by a tour concierge through many of the prime locations on island where you can enjoy the beautiful scenery while learning about St. Lucia's historical landmarks and people.



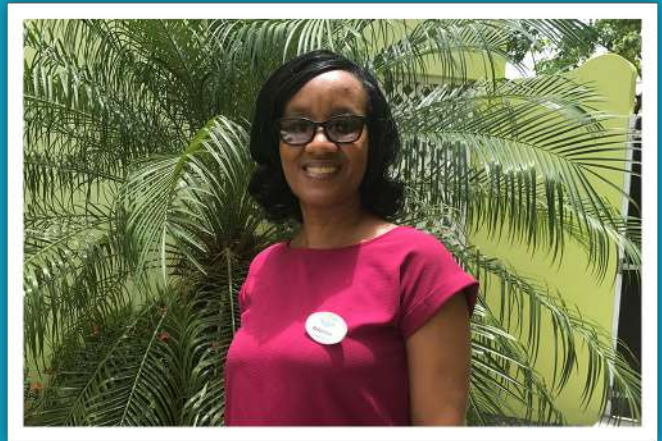
Some of the sites on this tour include:

- The Pigeon Island National Park
- Fort Rodney
- Vigie 17th and 18th century barracks
- Castries Town; The harbor, market, Derek Walcott Square & Cathedral Basilica of The Immaculate Conception
- Morne Fortune
- Marigot Bay viewing point
- Anse La Raye Town
- Piton Viewing Point
- Piton Waterfalls
- Sulphur Springs Park
- Balenbouche Estate
- Vieux Fort Beach
- Dennery Viewing Point

For more info on this package or to book your See St. Lucia Topless experience [click here](#).

Featured Employee - Mrs. Delphina Blackman

Our featured employee for the month of July is Mrs. Delphina Blackman Housekeeping Supervisor at the Bay Gardens Hotel and Inn. Mrs. Blackman has been employed with the company for over sixteen years and enjoys the feeling of exceeding guest expectations. It gives her great satisfaction knowing that her attention to detail and warm friendly personality is able to positively affect someone's stay by making them more comfortable and their vacation memorable.



Guest comfort and satisfaction is her number one priority at work and she is very thankful for her team who work tirelessly together every day to make it a reality. One of her memorable moments was linked to the cultivation of a small kitchen garden by the housekeeping department which the team enjoyed selling to the kitchen for use. It gave her great pride knowing that their fresh produce was used to create some of the mouthwatering meals served at the hotel.

When off duty she takes pleasure in spending quality time with her family and especially loves taking them to the cinema or an evening out for pizza. It is her hope that she can continue to motivate her team and with their support continue to provide the exceptional service that Bay Gardens Resorts is renowned for.

Bay Gardens Resorts Conducts School Tours



On Tuesday July 5, 2017 the Bay Gardens Hotel welcomed a small group of teachers and students of the Grade Four class of the Banse La-Grace Combined School for a tour of the property. The teachers and students had recently completed a unit on Tourism as part of their Social Studies curriculum and in an effort to consolidate the concepts covered saw it fitting to conduct a tour of the Bay Gardens Hotel.

The students had the opportunity of getting a general view of the operations of the property including an inside view of some of the guest rooms and facilities. The students were also able to interact with representatives from various departments such as food and beverage, front office, reservations, maintenance and marketing departments. Members of the management team also addressed the young group educating them on their various roles and functions of their departments and how it affects the overall function of the hotel.

They also received a quick lesson on table setting and dining etiquette from Samantha who is a waitress at the spices restaurant followed by a presentation from Yohan a bar tender at the cinnamon bar on how to keep your guest engaged with a few bar tricks. The students were then treated to a light lunch and experienced the true warm Bay Gardens hospitality.

Bay Gardens Resorts continues to see the importance in sharing knowledge locally with students on tourism and hospitality and hopefully to inspire those interested to pursue a future career within those sectors.

Recipe of the Month - Creole Snapper



CREOLE SAUCE RECIPE

1oz thyme	1/3 cup tomato paste
2oz red onion	1/6 cup garlic oil
2 oz fresh celery	2oz curry powder
2 oz basil	1oz paprika
1 oz parsley	½ cup white wine
3oz seasoning peppers	hot sauce(optional)
3oz fresh tomatoes	salt and pepper
3oz carrots	

FLOUR FOR FRYING...

Flour, curry powder, turmeric powder, paprika, salt and pepper.... Seasoned flour

- 1.) Coat the pan with a little oil, enough to sear the snapper steaks. When golden brown to the side turn over then sear again.
- 2.) In a hot pan, add the garlic oil, tomato paste and cook. Whilst on the fire add the curry powder then butter and sweat for a few seconds before adding the herbs and veggies. Now you're ready to add some hot water, the salt and pepper. When the liquid comes to a boil, add the fried fish and let simmer for roughly 2 minutes. Ready to serve. Enjoy.